

FILMING MANUAL

BEFORE FILMING:

1) FIND THE RIGHT LOCATION

- Avoid places with too much outside noise or where you will be interrupted
- Make sure you have a clean background
- Make sure you have good lighting (more on that below)

2) TEST OUT YOUR VIDEO AND AUDIO

- Make sure you have enough memory/storage in your device to record
- Record a 30 second clip in the place you want to film. If you are moving, make sure you test out your movement in this clip. This is a way to see if the lighting changes at all with your movement, if you are well-lit, and if you are easy to hear. Note: please be mindful of how close you are to your camera, as audio can sometimes overload and cause distortion, especially if you are playing an instrument in your recording.
- If you are using your phone, use the rear camera (it is better quality!)

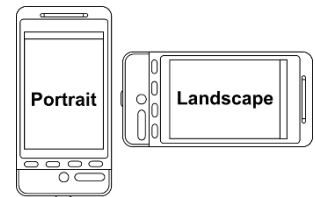
3) PRACTICE, PRACTICE, PRACTICE

- It can be very intimidating to be staring at a camera, so the more time you practice with it, the better your presence will be and the calmer you'll feel.

WHEN FILMING:

1) LAYOUT

- Shoot in landscape, not portrait (see image).
- Let your camera sit in one position and avoid moving it.
- Center the subject in the frame.



2) LIGHTING

- Make sure it is well-lit wherever you film. Lighting can be a hard balance to strike, but a good rule of thumb is you want the light behind the camera and facing you.
- You should film in a room that gets a lot of natural light (during the day!). You can turn on the lights in your home, but often they are yellow and overhead, which will cast unflattering shadows on your face. Instead make sure the light is facing you.
- If you have the ability, try to set up a light on either side of the camera so you will be well-lit.